Last week saw many students and their parents experience significant milestones in their lives. The most significant being the first day of school for Kindergarten students. Year 7 students (see photo below) also experienced the first day of high school and Year 11 students wore their senior uniform for the first time. I am pleased to say that Molong Central students in all years settled with minimal fuss and appeared keen, settled and happy.

A feature of the school that I noticed was the support provided by older students. I was also impressed with the way the students not only welcomed me but also students new to the school from other schools.

This week Secondary students will be presented with their assessment programs for 2015. These programs provide parents and students with an outline of assessments and the dates the assessments are due. The assessment programs also provide vital information about BOSTES (Board of Studies Teaching & Educational Standards) requirements. Students will be taken through their programs during class time. Please take the time to review the programs with your child and encourage students to refer to the document when ill or seeking an extension.

The due dates are particularly useful as a means of communication about when assessments are due.

Molong Central has two students enrolled in Aurora College which begins this week. These two students will experience a virtual learning environment shared with students from all across NSW. I look forward to hearing about their experiences throughout the year.

The Primary and Secondary Swimming Carnivals will be held at the end of the week and I challenge all students who can swim to enter a race. Not everyone will win but it is important that children challenge themselves to develop resiliency and learn how to set personal goals.

I spent some time earlier in the week in Mrs Bale’s House meeting where potential House Captains addressed their peers about why they would make a good House Captain. After giving their speeches the students waited outside while their peers voted and we discussed the importance of being brave enough to stand for election even though you may not be voted in. One young lady told me that she was shaking so much that she thought that she would fall over. It is these types of experiences that we need to encourage and equip students with the skills to deal with disappointment as well as experiencing the satisfaction of success.

The P&C meet next Wednesday the 11th of February at 7:00 pm in the Staff Common Room and I encourage parents to come along and have an input into your child’s education. This will be my first opportunity to discuss future directions for Molong Central with the parent body.

Mrs Michelle Barrett
Principal
I would like to take this opportunity to welcome all Secondary students and their parents back for 2015. We are looking forward to a very productive year. This year marks the completion of the roll out of the National Curriculum for Year 7-10 in English, Maths and Science, with some exciting new programs in place for our Junior students.

**WELCOME TO OUR YEAR 7 STUDENTS**

This week saw the start of Year 7 for 42 students. Under the care of Ms Brown, the week ran smoothly as these new students found their way around the school, including the playground. The constant changing of subjects will take some getting used to, but for most, the broader curriculum, and greater variety of teachers will help them enjoy their school life at Molong Central School. Below are some comments from students after their first week:

"I like high school because of all the new subjects and all the new experiences. I also am enjoying making new friends."
Katelan Philpott

"The best thing about high school is sport, which was fun."
Hayden Ingham

"Science & sport have been the best so far."
Conner Linde

"I like high school because I've got good teachers in all subjects and I get to see my uncle again."
Sam Gavin

"I like high school because we get to move around classrooms and I like all the different subjects."
Makayla McNamara

"I like high school because there is lots of different teachers, better subjects and it's more fun."
Jackson Gersbach

"I like Metalwork because we get to make all sorts of things and French because we are learning a new language."
Mercades Oste

"The thing I have enjoyed most is French lessons."
Pacey Oakenfull

"The thing I like about secondary school is that you get to go to different classes and I get to do my favourite subject, Maths."
Victoria Norton

"I like Year 7 because we get more subjects and teachers."
Liam Fraser.

**HSC SUCCESS STARTS NOW FOR YEAR 11**

We have welcomed Year 11 to the Senior School and acknowledge that the educational journey each senior student has committed to undertake requires a great deal of academic and vocational endeavour.

The senior years of high school are focused on student achievement in the Higher School Certificate. Each student has their own particular curriculum pattern, or range of subjects, suited to their needs, interests and abilities. Students in Year 11 need to understand that they will be using their credential, their Higher School Certificate, at the end of Year 12 to gain employment or to secure a position in University or TAFE.

Attending school every day, being on time, wearing school uniform, bringing the correct equipment for learning every day and eating the right foods will help ensure that students are given the best possible opportunity for a successful senior school experience.

From time to time I will include in the Newsletter some useful information from www.schoolatoz.nsw.edu.au about how senior students can balance their commitments.

Goodluck, Year 11, working towards a successful HSC begins now.

Don't waste the next two years by not putting in 100%.

**MERIT AWARDS**

Jacob KENT Bethany JOHNSTON Ellie WHALAN
Taylor MULLINS Tylah PALAMO Georgie ALLCORN
Hayden WATTS Hayley SHARPRESS Leigh BROWN
Mitchell COTTER Caitlyn CAMPBELL Courtney DAVIES
Cody RAMSEY Courtney MINES Sarah WILLIAMS
Victoria MILLER Rachel DEEN Billy THORNBERRY
Dylan SPEIRS Erin COYTE Jamie STEWART
Jessica BURGESS Kaylah BLOOMFIELD Amy WILSON
Ben KIRK Tarryn MILES Sophie WEEKES
Shay JOHNSTON Jasmine LAFFIN Chrystal NORBERRY
Sophie CLAYTON Lachlan CAMPBELL Sheree ELLIOTT

Erin ABRAHAMS Jessica BURGESS

Scott Taprell, Deputy Principal
Welcome Back!
A big welcome back to everyone and a special welcome to all of our new families and our Kindergarten students and parents. This year is already shaping up as being a very busy year with our first school event happening on Wednesday being our annual Swimming Carnival.

Kindergarten Begins!
Last Thursday 27 beautiful and very excited boys and girls began their journey through school life by beginning Kindergarten at Molong Central School. There were lots of smiles and only a few tears for this very important milestone.

Our Kindergarten teachers for 2015 are Mrs Donna Thornhill and Mrs Di Monk.

The students were greeted with a variety of activities that helped settle some of the nerves. They were also spoilt by having some extra help in the classroom with Mrs Heidi Lefevbre, our Learning Support Officer, assisting the teachers and two Year 10 students, Sarah Williams and Jessica Burgess, helping the students.

School Banking
School Banking will begin in Week 3.
If you would like your child to participate in School Banking, bankbooks need to be handed in by Thursday morning so that Mrs Dwyer is able to process the deposits. If you have any questions do not hesitate to contact Mrs Dwyer or Mrs Backhouse.

2015 Primary House Captains
Last week Stage 3 students had the opportunity to nominate and then present their speech for the job of House Captain for their respective House groups. Well done to all those students who nominated for the job and presented great speeches. The students in Years 3-6 then had the opportunity to vote for their House Leader. These were announced at assembly last Friday morning.

An official presentation of badges will be held at next Thursday’s assembly.

House Captains for 2015
Lawson: Abbey Quinn & Cody Whyburn
Mitchell: Gabrielle Phillips- Clarke & Lachlan Hobbs
Paterson: Natarsha Linde, Hayley Sharpe & Alex Miller
Yuranigh: Claudia Stevenson & Connor Warner

CONGRATULATIONS to these students. Their first job will be helping teachers at the Swimming Carnival on Wednesday and ensuring their House members are involved and cheering on loudly at the carnival.

There will be assembly this Thursday
No class item, 2.20pm start

Have a wonderful week!!
Jane Backhouse
Deputy Principal - Primary
From the LIBRARY...

Week 2 Term 1

JUNIOR FICTION

El Spy school series – by Susannah McFarlane:
  Secret spy (Book 3)
  Puppy alert (Book 4)
  Clementine Rose and the seaside escape (Book 5) – by Jacqueline Harvey
  (a Premier’s Reading Challenge selection for Stage 2)
  Our Australian girl series – 1941: Pearlie’s pet rescue -by Gabrielle Wang
  Don’t look now (Book 4) – by Paul Jennings, illustrated by Andrew Weldon
  Double trouble series: Midnight mischief – by Fiona Regan, illustrated by Louis Shea (a Premier’s Reading Challenge selection for Stage 2)

HELP IS DESPERATELY NEEDED ON THIS ROSTER. Please give one morning per month to the Canteen-that is all it takes. Ring the Canteen on 6366 9009 from 8.30am-1.45pm. If you can’t work on your day just call me. Thank you, Tina McGovern, Canteen Manager.

Hockey NSW 2015

CENTRE OF DEVELOPMENT
FOR U 9S & U11S
Orange Hockey Centre
February 10, 17 & 24 & March 3
U9: 4.30-5.30pm, $68.90
U11: 4.30-6.00pm, $92.00

Enquiries: Tania Bohringer- 0408 604 711
Or register at www.hockeynsw.com.au

CONNECT WITH YOGA
Health One Community Health Program
Free 4 week Restorative Program
Suitable for all age groups & fitness levels
Commencing Monday 2nd February 5-6pm
All enquiries to Cheryl Johnson or Nic Parr on 63923400

Molong District Soccer Club Inc.
GENERAL MEETING
Monday 9/2/15 5pm
MOLONG BOWLING CLUB.
ALL WELCOME
COME ALONG & SUPPORT YOUR KIDS!!!
Enquiries: Tania Bohringer- 0408 604 711

HOCKEY NSW 2015

WE
LIFE WITHOUT BARRIERS
VE
COULD YOU BECOME A FOSTER CARER?
Life without Barriers is currently seeking compassionate people who are willing to become foster carers.
Foster carers need to be resilient, have creative problem solving skills, be able to engage with services, have a good knowledge of their local community and be able to care for a child with very challenging behaviours.
Life without Barriers provide carers with 24/7 support, extensive training and a tax free carer reimbursement.

All enquiries to Lee Curtis on 63949713 or 0429 998 506 or email lee.curtis@lwb.org.au

CANTEEN 6/2/2015 –13/2/15

HELP IS DESPERATELY NEEDED ON THIS ROSTER. Please give one morning per month to the Canteen-that is all it takes. Ring the Canteen on 6366 9009 from 8.30am-1.45pm. If you can’t work on your day just call me. Thank you, Tina McGovern, Canteen Manager.

<table>
<thead>
<tr>
<th>Week</th>
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<tr>
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<td>9/2/15</td>
<td>2nd MONDAY</td>
<td>HELP NEEDED</td>
<td>BELINDA MILLS</td>
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<td>10/2/15</td>
<td>2nd TUESDAY</td>
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6/2/15
1st FRIDAY
HELP NEEDED

6 M.C.S. Newsletter Term 1/2015 Issue Number 2 5/2/15 Phone: 6366 8224 Fax: 6366 8220 email: Molong-c.school@det.nsw.edu.au
**WEEKLY SPECIALS**  **Please note Specials are only available on the day indicated**

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<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<tr>
<td>Mini Chicken</td>
<td>Wraps: lettuce, carrot, tomato &amp; grated cheese with the choice of chilli chicken tender, fresh chicken or ham. Hot or cold. Chilli sauce &amp; mayo also available cold $4.00-$4.50</td>
<td>Hamburgers: with lettuce, tomato, beetroot, cheese, lean meat pattie with BBQ/tomato sauce. $4.50 Plus wedges with sauce $3.30, with sour cream &amp; chilli sauce $3.90, BBQ, tomato or chilli sauce available.</td>
<td>Pizza: Ham/pineapple, cheese/bacon singles $2.20</td>
<td>Chicken kebabs: mildly seasoned chicken pieces on skewers. Available with a side salad (see meal deals for pricing) or on its own. $2.20 (each)</td>
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<tr>
<td>Wraps -(Chicken/ cheese/ lettuce/ Mayo) $2.50</td>
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**MEAL DEALS**

- Meat sandwich (ham or chicken), fruit box. (Apple. Orange, Tropical & Blackcurrant) -$4.50
- 4 nuggets, side salad, fruit box - $5.00
- Small chicken/ham salad in a box, dinner roll & a fruit box - $5.50
- Pizza single, fruit box - $3.20 only available on Thursday
- Chicken kebab, side salad & a fruit box - $5.00 only available on Friday

Small milk can be substituted for $1.00 more.
Water can be substituted for fruit box

**REGULAR MENU**

Fresh sandwiches and rolls:
*Basic salad includes lettuce, tomato, beetroot & cheese, grated carrot, cucumber, salad onion & mayo. Small or large, brown or white rolls. Toasted 30c extra.
- Salad: $4.00 roll $4.50
- Meat salad: $4.50 roll $5.00
- Chicken, cheese, mayo: $3.00 roll $3.80
- Vegemite: $1.00 roll $1.60

- Ham & Cheese $2.60 roll $3.40
- Mini Wrap - (Hot or Cold) $2.50
- Ham, tomato & cheese: $3.50 roll $4.00
- Cheese $1.00 roll $1.60
- Tomato & cheese: $2.50 roll $2.90
- Chicken & mayo: $3.00 roll $3.50
- Any combination of your choice can be ordered, just ask at counter.

**LUNCH IN A BOX $4.50**
Seasoned chicken breast or leg ham with lettuce, tomato, grated cheese & carrot, beetroot with mayo served in a 500ml rectangle container. Chilli sauce available @ 20c extra. -$4.50 Very popular!!

**HOT FOODS**

- Chicken burgers: $4.50 (crumbed chicken fillet, lettuce, cheese & mayo)
- Cheeseburger: $3.50 (1/m patty, cheese, mustard, tomato sauce)
- Pizza roundas: $2.50
- Hotdogs: $2.50, mustard 10c, sauce 30c
- Chicken & mayo roll: $3.00 (on a damper roll, wrapped in foil and heated.)
- Chicken, cheese & mayo roll: $3.80 (on a damper roll, wrapped in foil and heated.)
- Spaghetti bolognaise: $3.00
- Lasagne: $3.00
- Cup of noodles: $2.00
- 6 chicken/dinosaur nuggets: $3.20 sauce $3.50 or nuggets 60c each
- Traveller pies: $2.50
- 4nTwenty healthy sausage rolls: $2.90
- Healthy choice potato top pies: $2.80
  - Sauce sachets: 30c

**DRINKS**

**JUICES: SQUEEZE**
Large $2.50- Orange & mango, orange & passio, apple.
Small $1.80- Orange & mango, Orange & passio, apple
Fruit box: 1.00- Apple, orange, tropical & blackcurrant
Macquarie Valley Poptop 100% - $1.80
Glee Juice - $1.50 – Bubblegum, Berri Blast, Blackcurrent & Strawberry

**MILK**
Large Moove – straw, choc, Dare ice coffee $3.00
Large Classic- choc, straw, vanilla malt $3.00
Small Moove: fresh choc, straw, banana $1.80
Small Classic: choc, straw, vanilla malt $2.00

**WATER**
H2GO – 750ml -$2.00
Water – 600ml - $1.80
Kyneton – 350ml - $1.50

**ICEBLOCKS**

**CHIPS**
BBQ & Salt & Vinegar chips : $1.00
Red Rock Deli: $1.00
JI’s: $1.00
Grain Waves: $1.00
Popcorn: 50c

**SNACKS**

Muffins: double choc chip - $1.50
Hot Milo (winter only) - $1.00
Frozen Yoghurt available in summer only Peach/Mango & Strawberry - $1.70
Jelly (Summer only) - $1.00

T.N.T. Irabuley 60c
Paddle pops – choc/rainbow $1.40
Bulla Ice-cream cup - $1.00
Zooper Dooper- 50c

• PRICES ARE SUBJECT TO CHANGE  * PRICES EFFECTIVE 3.2.15