ANZAC DAY SERVICE ARRANGEMENTS FOR 2014
The Anzac Day service (in Molong) will be held on Friday 25th April 2014 (please note that this is the last Friday of the school holidays). The Marching Parade will form at 10.30am at the front of the Molong RSL Club in Riddell Street with the starting time being at 10.50am. The parade will then march to the Village Green where the Anzac Day Service will be held.

Students from Molong Central School are invited to be in the parade and should gather at the RSL in their full school winter uniform.

The school will hold an Anzac Day Ceremony on Friday 2nd May which will involve the whole of the School Community.

SCHOOL DEVELOPMENT DAY - FIRST DAY BACK IN TERM 2
On the next School Development Day, which is Monday 28th April, the staff will be working on the next phase of the introduction of the Australian National Curriculum. The Primary will be working on the Australian National Curriculum and the Secondary will be working on the Australian National Curriculum for Years 8 and 10 for 2015.

The School Development Day is a pupil free day and all students K-12 will be commencing school for Term 2 on Tuesday 29th April.

ESSENTIAL SECONDARY SCIENCE ASSESSMENT (ESSA) – RESULTS FOR YEAR 9
Congratulations to the following Year 9 students Jessica Burgess, Naomi Chloupek, Branden Roberts, Andee Sheedy, Tieke Thomas, Michael Wayman and Sarah Williams who received excellent results in the ESSA test which was held at the end of last year. They scored over and above 90 out of a potential 105 marks in the test. Well done to these students and thank you to the Science staff for their excellent delivery of scientific teaching and learning.

MOLONG CENTRAL SCHOOL’S 5 STAR CANTEEN
Well done to our Canteen and to the Canteen Coordinators Mrs Tina McGovern and Mrs Jenny Gamsby (pictured below). The school scored a 5 star rating on Hygiene and Food Safety which was based on their recent inspection. The inspection covered food temperature control, food handler hygiene, cleaning and sanitation, pest control and food prepared in advance of service. Thank you Tina and Jenny and to all the parents and helpers who man our canteen daily.

CONGRATULATIONS LACHLAN CAMPBELL (YR 11)
Recently, Lachlan and his family travelled to Sydney at the invitation of The Prostate Cancer Foundation of Australia to receive recognition for Lachlan and his family’s exceptional work in raising awareness for prostate cancer. Lachlan, with his family raised $8,000 to go towards cancer research. Prostate cancer had afflicted both of Lachlan’s grandfathers. Lachlan and his family were presented to Her Excellency Marie Bashir at a ceremony at Government House. An article on the family was placed in the Financial Review in the March 26 edition about this award.

This is an inspirational story and well done to the Campbell family in their quest to raise awareness and funds for cancer research.

P&C News
We are pleased to advise that we now have for sale navy microfibre tracksuit pants. Sizes are from a Size 6 through to a Large and they are $24.00 a pair. These are for sale in the Main Office.

Anzac Day Badges
Anzac Day Badges are for sale in the Main Office for $2.00 each.

Mr Campbell, Lachlan Campbell (Yr 11), NSW Governor Marie Bashir, Mrs Campbell & Caitlyn Campbell (Yr 7)

Mrs Janis Glasson, Principal
UNIVERSITY ROADSHOW
Year 11 and 12 students had the opportunity to attend a University Roadshow Information Day on Friday 21st March, 2014. The day was held at Orange High School from 9.30am and concluded at approximately 10.45am. Charles Sturt University, Southern Cross University and the University of New England were present and they provided students with information about applying for University, the range of courses and study options, costs and student life. At the conclusion of the presentation students were able to talk with individual Universities and collect publications. Molong students asked some great questions and gained a valuable insight into the workings of the University system.

Please note: Early Entry applications will take place during Term 3.

Mr Tony Taylor - Careers

RELAY FOR LIFE
Over the weekend of the 8th and 9th March, several Molong Central students took part in the Orange Relay For Life at Waratahs Sportsground. The students who participated in the event were Brittany Rudd, Jake Allcorn, Kiah Whiley, Ellie Bryce, Sam Watts, Brianna Davies, Rikki Philpott, Christine Cooke, Angela Camilleri, Rebecca Priest, Erin Abrahams, Heidi Thornberry, Tegan Gue, Courtney Davies, Alex Trudgett, Henry Hazelton, Ellie Whalan, Olivia Press and Connie Beletic.

A large amount of money was raised in many different ways. Many laps were walked and we were able to fight off any heavy rain. Fun was had by all. A big congratulations to all those involved. Thanks to Greg & Paula Rudd for their help with fundraising and camp set up, Carol Whiley & SPAR for their assistance with the beef & gravy rolls.

Miss Georgie Stamatopoulos

JUNIOR CHESS TOURNAMENT
Two weeks ago, Wellington St Mary’s School travelled to our school to participate in the NSW Junior Chess tournament. Our team consisted of Matthew Beuzeville, Bailey Roberts, Justin Makepeace, Jackson Whiley and Luke Schmich. St Mary’s School presented a very challenging team, coming out victors on the day 3-1. Although we lost, we had a great day and look forward to future games so that our skills will be honed. We would like to thank Mr Culverson for organising the tournament.

By Matthew Beuzeville & Bailey Roberts

WELCOME TO MOLONG CENTRAL SCHOOL
Molong Central School welcomes Mrs Anne Clark to our school. She brings a wealth of experience from a range of schools, teaching Science and Agriculture. She has made an immediate impact with our students and in supporting Agriculture studies. She is teaching 3 days a week and taking Yr 8 Elective Agriculture, Yr 11 Biology and Sciences in Years 7 and 8.

MERITS
Mikayla BOWD; Blake BROUFF; Caitlyn CAMPBELL; Sophie CLAYTON; Naomi CHLOUPEK; Erin COYTE; Ian DUGMORE; Lauren FESSEY; Matthew HOBBS; Sarah HOBBS; Damon HUGGETT; Justin MAKEPEACE; Maddison MANN; Shannon MENZIES; Ellee STEDMAN; Billy THORNBERRY; Calliope TREACY; Ellie WHALAN; Katia WHITEMAN

Scott Taprell, Deputy Principal
SOFTBALL GALA DAY

The girls’ school softball team travelled to Orange last Wednesday to participate in a softball gala day. Throughout the day they played three games and one word would sum up their performance - AMAZING!!!

They walked away with wins against both Bathurst Small Schools 11-6 and Bowen 18-10. Their final game was against a very well drilled Bletchington team, which they lost, 20-8.

At the conclusion of the day, our girls were given wonderful feedback by an association member. She noticed the great sportsmanship they displayed and how well they listened and responded to instructions. Well done, girls!

Two wins has enabled them to progress to the next round which will be played in Orange on the 21st May. The girls will be playing three games against some of the top softball teams from the Orange and Mudgee area.

Thank you to Glenn Meehan for scoring and our wonderful support crew for helping out in any way on the day.

The team consisted of Alyssa Watts, Jada Trapman, Molly Weekes, Hannah Betts, Katelan Philpott, Sarah Rapley, Kara Yelland, Morgan Meehan, Abbey Quinn, Bridie Dive, Claudia Stevenson and Sian Clifford (pictured below). Train hard and good luck in the next round.

RUGBY 7’S AT WARATAHS

Last Thursday 28 students from Years 3-6 travelled to Orange to participate in the Country Energy Rugby 7’s Competition. Molong entered one Yr3/4 team and two Yr 5/6 teams. Each team played 4 games in very hot conditions. Each team came away with some wins and all the boys AND girls made great improvements as they progressed. Some great tries were scored with some of the players even surprising themselves. One of these great tries was scored by none other than Ebony Webb with her runaway try. Ebony certainly gained the respect of all the boys with her tackling and great ball play.

I would like to congratulate all of the players for their efforts and great sportsmanship throughout the day.

Many thanks to Lachlan Backhouse, Cody Ramsey, Graham Hobbs and Bruce Miller for all of your help with the teams. Also thankyou to Graham Hobbs for helping with coaching throughout the week. It was very much appreciated. Thank you to all the parents for transporting us to Orange and supporting us throughout the day.

There will be no Primary assembly this week

★ STUDENT OF THE WEEK ★

<table>
<thead>
<tr>
<th>Class</th>
<th>Student</th>
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<tr>
<td>K Sapphire</td>
<td>Aidan Garlick-Evans - For consistent effort in all areas.</td>
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<tr>
<td>K Pearl</td>
<td>Ellie Olsson - For consistent application to class activities.</td>
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<tr>
<td>K/1 Opal</td>
<td>Eve Hopkins - For reading beautifully.</td>
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<tr>
<td>1 Quartz</td>
<td>Hunter Hobbs - For delivering an amazing speech.</td>
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<tr>
<td>2 Topaz</td>
<td>Charlie Brown - For being a cooperative and caring class member.</td>
</tr>
<tr>
<td>2/3 Ruby</td>
<td>Lacey Brown - For an outstanding speech presentation.</td>
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<tr>
<td>3/4 Garnet</td>
<td>Tim Rapley - For improved application towards his work.</td>
</tr>
<tr>
<td>4 Diamond</td>
<td>Lachlan Hobbs - For a fantastic effort writing an exposition text.</td>
</tr>
<tr>
<td>5/6 Emerald</td>
<td>Seth Archer - For great work in his camel brochure.</td>
</tr>
<tr>
<td>5/6 Zircon</td>
<td>Jake Murray - For his hard work on his COGS &quot;choice grid&quot;.</td>
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</tbody>
</table>

Library

Harrison Hill - For borrowing extremely interesting books from the library.

Upcoming events in Primary

- 9-10th April - Stage 2 Excursion
- 9th April - P & C Meeting@7pm
- 28th April - Staff Development Day
- 29th April - Students return for T2
- 1st May - AFL Clinics
- 1st May - NO ASSEMBLY
- 2nd May - Anzac Day Ceremony

Uniform Award –Tuesday

Stage 1 - Hayley Miller
Stage 2 – Lucy Vis-Lowe
Stage 3 – Katelan Philpott

Have a wonderful week!!
Jane Backhouse
Deputy Principal - Primary
From the LIBRARY...

Week 11 Term 1

JUNIOR FICTION
Star girl saving space one planet at a time series: Odd one out - by Louise Park (a Premier’s Reading Challenge selection for Stage 2)
Secret Kingdom series: Enchanted palace – by Rosie Banks
The rescue princesses series: The moonlit mystery – by Paula Harrison
Phineas and Ferb series: Wild surprise – adapted by Helen Mayer
Eric Vale series: Off the rails – by Michael Gerard Bauer, illustrated by Joe Bauer (a Premier’s Reading Challenge selection for Stage 3 and Stage 4)
The 39 clues series – Cahill files: Spymasters Book 2 - by Clifford Riley

JUNIOR NON-FICTION
Hairy Maclary Scattercat – by Lynley Dodd (a Premier’s Reading Challenge selection for Stage 1)
Happy birthday to you! – by Dr. Seuss

Hi everyone,

Our first student to complete the Premier’s Reading Challenge for 2014 is Jessica Burgess in Year 9. Congratulations Jessica on your efforts and your achievement so early in the year. Please remind your child to come and borrow some books before the holidays so they can add a few more titles to their PRC records.

Students in Years 3–6 have been shown in their lessons how to access ‘My Library’ through their student portals. They are able to use this resource from home and it is extremely useful for students to look up books for assignments or homework. The site will also tell students whether or not the book is currently available. Another feature particularly for students who are participating in the Premier’s Reading Challenge is that it enables them to check the PRC numbers for books they have read from the Library. It is well worth a look so maybe you could ask your child to take you on a quick tour.

The 2 Topaz winners for the Book Fair Colouring competition are: Reeba Delaney (1st), Kelsey Quinn (2nd), Charlie Brown (3rd) and Anni Fowler (4th). Well done to these students who did a great job on colouring their entries.

During April ‘Charlie & the Chocolate Factory’ will celebrate its 50th Birthday. If you want to know the official activities that are being held to acknowledge this milestone visit the new look Roald Dahl website at: http://www.roalddahl.com/

Have a very enjoyable break. I hope the Easter Bunny visits the new look Roald Dahl website at: http://www.roalddahl.com/

Happy birthday to you!

Mrs Hall

Primary and High School

School holiday kids and family camps
It’s not too late to book your child into a NSW Sport and Rec holiday camp. There are also family camps available year-round, for an active, family-friendly (and pocket-friendly) getaway. Find out more: http://bit.ly/1hWxTte

Managing screen-time
Helping kids find the right balance between activities, homework and screen time is a challenge that only gets harder as they grow older. Commonsense Media has lots of useful resources to help – from movie and game ratings to articles setting screen time limits that are realistic enough that your children will actually follow them. Read the article here: http://bit.ly/1pBfmnk

Books to boost brains
Literacy skills often progress suddenly in leaps and bounds. The secret is to keep kids of all ages reading over the weekends and school holidays. Even 20 minutes a night can make a huge difference to their reading, comprehension and general knowledge. It’s also a great way to settle their minds down before sleep (for adults too!). If your child hasn’t found a book that grabs their imagination, why not try them on a series book from the Premier’s Reading Challenge list? Here are top suggestions for all ages, including young adult: http://bit.ly/1dLSGCo

CANTEEN 10/4/14 – 2/5/14

<table>
<thead>
<tr>
<th>HELP IS DESPERATELY NEEDED ON THIS ROSTER. Please give one morning per month to the Canteen-that is all it takes. Ring the Canteen on 6366 9009 from 8.30am-1.45pm. If you can’t work on your day just call Tina. Thank you, Tina McGovern, Canteen Manager.</th>
<th>10/4/14 2nd THURSDAY</th>
<th>11/4/14 2nd FRIDAY</th>
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<tr>
<td>HELP NEEDED</td>
<td>DONNA DUNCAN</td>
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<tr>
<td>28/4/14 4th MONDAY</td>
<td>29/4/14 5th TUESDAY</td>
<td>30/4/14 5th WEDNESDAY</td>
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<td>1/5/14 1st THURSDAY</td>
<td>2/5/14 1st FRIDAY</td>
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<tr>
<td>STAFF DEVELOPMENT DAY</td>
<td>LISA GARLICK</td>
<td>HELP NEEDED</td>
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4 M.C.S. Newsletter Term 1/2014 Issue Number 11 9/4/14 Phone: 6366 8224 Fax: 6366 8220 email: Molong-c.school@det.nsw.edu.au
WHY DO WE HAVE TO DO HOMEWORK?

Homework in secondary school serves many purposes. It could be to consolidate or check or extend the learning from the day or prepare for the learning to come in subsequent days. It could be to do with longer term work such as assignments or preparing for tests and examinations. Ultimately it comes back to what school is all about – learning. Learning not just content, but learning and developing skills.

At times students feel that the work they are doing at school is not relevant to their lives, however sometimes we need to look beyond the content to the purpose of the learning exercise. At times the content will be a vehicle to teach particular skills. Much of what we learn in Mathematics develops the problem solving circuits in our brain. When you are analysing Shakespeare you are learning not just about Shakespeare but to think critically and expand your point of view and broaden your experience of the world through examination of different lives, emotions and experiences. The message is that everything you learn at school has purpose and value, even if you can’t quite see it at the time.

In secondary school homework has been proven to be an essential component of academic success in the senior years. The reality of Year 11 and 12 is that a large component of independent learning needs to be undertaken at home. One of the biggest problems for students transitioning to the senior years is that they have not learnt to work effectively and efficiently in the home environment. This is why developing good habits and learning to do at least a solid hour a day of home study is essential in Years 7-10. It is also about developing the qualities of discipline and perseverance, both essential for senior studies. Students will not like every subject equally, students need to learn how to make themselves do the work even for their least favourite subjects.

So what can you do to manage your homework effectively? Try these top tips:

1. As soon as you get home unpack your bag before you have a break and something to eat. Lay out all the work first. It is easier to get started if you have everything ready to go.

2. Before you start work, write a list of what needs to be done and decide what order you will do it. Focus on what is most important, not just what subject you like best! Also write down how long you think each task will take to do.

3. Keep in your mind that it is all about learning. Try and look beyond the actual content to what type of skill this homework might be developing in you – analysing, critical thinking, writing skills, or problem solving skills for example.

4. Do your work in 20-30 minute blocks with no distractions during that time. So switch off the TV, turn off your phone for that 20-30 minutes. When you just focus on the work that needs to be done you'll be amazed at how much work you complete. Of course if you are on a roll, you can keep going past the 30 minutes.

5. If there is a task you really don't want to do then alternate this with a task you enjoy doing. For example 15 minutes on the homework you like, 5 minutes on the homework you don't like. When you chip away at it you will be surprised how quickly you get through the work.

Learn more this year about how to improve your results and be more efficient and effective with your schoolwork by working through the units on www.studyskillshandbook.com.au - our school’s access details are:

Username: molongcs Password: 86success
What is Study?
(A guide for junior students and their parents)

Simple definition of study from the Collins English Gem Dictionary

- Effort to acquire knowledge
- Try constantly to do
- To be engaged in learning

Why Study?

☆ Studying will help you to store knowledge in your long term memory
☆ Revision of the work you have done each day will help this process
☆ Weekly revision will help even more *Being tested is a great way to improve recall*

How MUCH should I study?

✓ You should at the very least reread all your class notes each day
✓ Work for at least a half hour every day on an assessment task from the time it is given

How do I study?

- **Organise**
  Your time is important. Create a study timetable. Start work on assessment tasks as soon as you get them.

- **Review**
  Re-read the work you have done in class that day underlining or highlighting important sections

- **Note-taking**
  Make dot point notes that are well spaced in a separate book or on cards
  Underline important points

- **Test Yourself**
  Make up a quiz for yourself and test yourself the following week.
  *Being tested is a great way to improve recall*

- **Revise**
  Check the answers to your test and revise any work that is incorrect.
  Login: molongcs Password: 86success

Where should I study?

- A place associated with work not play
- A place that you can use regularly and which remains set up for the task – all equipment accessible
- A place that is quiet and free from distraction – no competition
- A place that is airy and well lit
- A place that encourages the automatic habit of study when you sit at it
- A place that is organised and tidy.

HANDY HINTS TO HELP YOUR MEMORY

- Get plenty of sleep
- Get some exercise
- Drink plenty of water
FAREWELL TO MRS MICHELLE MACKENZIE

Mrs Michelle Mackenzie has recently been offered a full time permanent position at Orange Public School. Mrs Mackenzie has been at Molong Central School for the past 18 years and in recent years has been employed as a permanent part time teacher.

Mrs Mackenzie has been invaluable to our school and we would like to thank her for her dedication, commitment and enthusiasm to our students and the community of Molong Central School. We wish her well at her new school.

Mrs Michelle Mackenzie pictured here with her Maths group Back L to R – Oscar Mullins, Tim Harvey, Lachlan Hobbs, Jack Glynn, Harry Philpott, Olivia Norton, Yasmine Elniz
Front L to R – Brock Donner, Ryan Sheehan, Anabel Townsend, Mrs Michelle Mackenzie, Libby Peschka & Jordan Allsopp
## MOLONG CENTRAL SCHOOL CALENDAR
### TERM 2 – 2014 - PARENTS

<table>
<thead>
<tr>
<th>WEEK/MONTH</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<tr>
<td>Week 1 April/May</td>
<td>28th 29th</td>
<td>30th 1st</td>
<td>2nd</td>
<td>Primary Hockey Trials</td>
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<td>Week 2 May</td>
<td>5th 6th</td>
<td>Secondary Assembly – Eng</td>
<td>7th 8th</td>
<td>FACTS Day @ Bathurst</td>
<td>Primary Assembly</td>
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<td>9th Primary Apple Festival</td>
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<td>Rural Cup – Molong –vs- Canowindra @ Molong</td>
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<td></td>
<td>Primary Cross Country</td>
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<td>Week 3 May</td>
<td>12th 13th</td>
<td>14th P&amp;C Mtg – 7.00pm SCR</td>
<td>15th 16th</td>
<td>Year 11 In Class Exams e2 Exams – in class</td>
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<td></td>
<td>Yr 12 Reports posted home</td>
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<td></td>
<td>Cowra Eistedfod</td>
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<td>Aspire</td>
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<td>Week 4 May</td>
<td>19th 20th</td>
<td>21st National Simultaneous Storytime K-6 @ 11.00am</td>
<td>22nd 23rd</td>
<td>Primary Assembly</td>
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<td></td>
<td>Brian Palmer Shield Secondary Assembly - HSIE</td>
<td>Stage 1 Cowra Eistedfod</td>
<td>Primary Athletics Carnival Track Events</td>
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<td>Red Shield Appeal 24th &amp; 25th Yr 11 Reports posted home</td>
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<tr>
<td>Week 5 May</td>
<td>26th</td>
<td>27th</td>
<td>28th Year 7 &amp; 9 Examinations</td>
<td>29th</td>
<td>30th</td>
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<td></td>
<td>Yr 11 &amp; 12 Parent/Teacher Interviews</td>
<td>Central Schools Touch U16’s</td>
<td>Central Schools Touch Opens</td>
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<td>Week 6 May/June</td>
<td>2nd</td>
<td>3rd</td>
<td>4th Central Schools Western League 16’s ICAS Science Test</td>
<td>5th</td>
<td>6th</td>
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<td>Primary Assembly</td>
<td>HSC enrichment seminar</td>
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<tr>
<td>Week 7 June</td>
<td>9th QUEENS BIRTHDAY</td>
<td>10th</td>
<td>11th</td>
<td>12th</td>
<td>13th Primary Athletics Field Events</td>
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<td>P&amp;C Mtg – 7.00pm Staff Common Room</td>
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<td>Primary Assembly</td>
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<tr>
<td>Week 8 June</td>
<td>16th 17th</td>
<td>ICAS Writing Skills Test ICAS Spelling Test</td>
<td>18th 19th</td>
<td>Primary Staff Mtg – 3.20pm</td>
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<td>Aspire – Year 10 Secondary Assembly - Maths</td>
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<td>Primary Assembly</td>
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<td>ICAS Computer Skills Test</td>
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<td>Primary Athletics Field Events (backup)</td>
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<tr>
<td>Week 9 June</td>
<td>23rd 24th</td>
<td>Central Schools 16’s Netball</td>
<td>25th 26th</td>
<td>Primary Assembly</td>
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<td></td>
<td>Central Schools Netball Opens</td>
<td>Secondary Exec Mtg</td>
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<td>Yr 7-10 Reports posted home</td>
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<td></td>
<td>K-6 Reports posted home</td>
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**TERM 2 – 2014**

- **Yr 11 & 12 Examinations**
- **Year 7 & 9 Examinations**
- **Year 8 & 10 Examinations**
- **Aspire – Year 10**
- **Aspire**

**School Events**

- **Primary Staff Mtg – 3.20pm**
- **Primary Staff Mtg**
- **Aspire**
- **Aspire – Year 10**
- **Central Schools Touch Opens**
- **HSC enrichment seminar**
- **Primary Athletics Field Events**
- **Primary Athletics Field Events (backup)**
- **Yr 7-10 Reports posted home**
- **K-6 Reports posted home**
One year before the Anzac Centenary, the 99th Anniversary of the Gallipoli landing is a very good time to reflect on the significance of this historical event.

Gallipoli was a defining moment in our young nation’s history. Yet Anzac Day is not just about Gallipoli; it is about Australia’s entire Defence Force, past and present, from our efforts in Africa to Afghanistan. The Boer War conflict left a legacy that united Australians. It was about Tasmanians, Victorians, New South Welshman, Queenslanders, West Australians and South Australians, sailing off to fight for their States in 1899 and coming home as Australians in 1901-02.

It is about the unwavering bravery and gallantry displayed by our servicemen and women in often perilous situations, and it is these characteristics that define us as Australians: courage, loyalty, endurance, and above all - mateship.

The towns and villages of Calare have proud military traditions. Our sons and daughters have routinely answered the call to defend our country and our freedom. The many monuments and memorials in our small and large towns is testament to this. But as we know, democracy and independence do not come cheaply.

Regrettably, war continues to ravage many countries across the globe. It is sometimes easy to take for granted the fortunate lives we lead by comparison. We should never forget the debt we owe to those who have afforded us this privilege.

The significance of Anzac Day has extended beyond the commemoration of a single event. Therefore, to our Veterans who have fought in wars gone by and to our current serving diggers, we thank and praise you for the heritage and the pride that your actions have instilled in all of us. Your deeds will long be remembered.

It is imperative that we maintain the vigil. The passage of time must not erase the bravery of our countrymen.

Lest we forget.

John Cobb MP
Member for Calare

ANZAC DAY
25th APRIL 2014

From shearing shed and cattle run,
From Broome to Hobsons Bay,
Each native-born Australian son,
Stands straighter up today.

... 

Fight on, fight on, unflinchingly,
Till right and justice reign
Fight on, fight on, till Victory
Shall send you home again.

And with Australia’s flag shall fly
A spray of wattle bough,
To symbolise our unity,
We’re all Australians now.

We’re All Australians Now - AB (Banjo) Paterson

The Hon. John Cobb MP
Federal Member for Calare

ORANGE
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THE ANZAC BISCUIT

Previously known as an Anzac wafer or Anzac tile, the Anzac biscuit we know and love today is a far cry from what the Anzacs ate ninety years ago. The Anzac biscuit was originally intended as a bread substitute for soldiers fighting in hostile conditions. The biscuit was made to have long shelf life, meaning it was notoriously hard; in fact, they often adopted the affectionate nickname of "bullet-proof" biscuits!

John Cobb’s favourite Anzac biscuits are still his mother’s (Mary) recipe. Mary (nee Terrey) was herself a veteran nurse of the Middle East and New Guinea conflicts.

Ingredients:
- 1 cup of traditional rolled oats
- 1 cup of sifted plain flour
- 1 cup of castor sugar
- 3/4 cup of desiccated coconut
- 125 grams of butter
- 1 tablespoon of golden syrup
- 2 tablespoons of boiling water
- 1 teaspoon of bicarbonate soda

Directions:
- Combine 1 cup of traditional rolled oats, 1 cup of sifted plain flour, 1 cup of castor sugar and 3/4 cup of desiccated coconut in a bowl.
- Heat 125 grams of butter and 1 tablespoon of golden syrup over a low heat until butter is melted.
- Mix 2 tablespoons of boiling water with 1 teaspoon of bicarbonate soda and add to the butter mixture.
- Stir into the dry ingredients.
- Form the mixture into balls on a greased oven tray.
- Press the balls flat and bake in a slow oven (150°) for twenty minutes or until golden brown.
- Loosen the biscuits while still warm.
- Allow to cool on tray.
- To keep Anzacs crisp always store in a biscuit tin (something metal - as plastic or glass sometimes makes them go soft).

THE DAWN SERVICE

The Dawn Service observed on Anzac Day has its origins in an operational routine which is still observed by the Australian Army today.

The half light of dawn can play tricks on one’s eyes. The half hour before dawn, with its grey and misty shadows, became one of the most favoured times for an attack.

After World War I, returned soldiers sought the comradeship they felt in those quiet, peaceful moments before dawn. With symbolic links to the dawn landing at Gallipoli, a dawn stand-to or ceremony became a common form of Anzac Day remembrance during the 1920s. The first official dawn service was held at the Sydney Cenotaph in 1927.

ROSEMARY

The ancient Greeks believed that rosemary made their memories stronger. This idea continues today as people wear sprigs of rosemary symbolising remembrance for those who have died in war.

POPPIES

Red poppies were the first signs of life in the fields of northern France and Belgium after World War I. Arising from the blood drenched ground, bright red poppies grew where four years of war led to the deaths of hundreds of thousands of soldiers, including 45,000 Australians. The poppy has enabled Australians to show they have not forgotten the thousands of Australian servicemen and women who have given their lives in wars and conflicts during the past 100 years.

FLAG PROTOCOL

Before the start of the ceremony, flags should be lowered to half-mast. During the playing of the Rouse, flags are to be raised slowly to the masthead.

TRADITIONAL ORDER OF SERVICE

A call to commemoration (2 mins)
A call to commemoration is an introduction to the service and can be given by explaining why an Anzac Day ceremony is being held.

Prayer/Hymns/Reading/Poem (2-4 mins)
The Lord’s Prayer / Psalm 23 / John 15: 9-14 / Abide with me / O Valiant Hearts / O God, Our Help in Ages Past. Alternatively an appropriate contemporary song may be chosen.

Poems For the Fallen, Laurence Binyon
In Flanders Fields, Lieutenant Colonel John McRae

Address (3-5 mins) Given by a veteran, serving member of the Australian Defence Force, local dignitary, teacher or student. Covers the symbolism of Anzac Day or Remembrance Day, personal experiences of what the day means, the service and sacrifice of men and women in all conflicts, their contributions to democracy and freedom and the importance of peace.

Wreath laying or charitable donation (3-5 mins)
The Ode (1 min)
They shall grow not old, as we that are left grow old;
Age shall not weary them, nor the years condemn
At the going down of the sun and in the morning
We will remember them.

(Response)
We will remember them

The Ode comes from For the Fallen, a poem by the English poet and writer Laurence Binyon.

The Last Post The Last Post historically has been used to signify the end of the day and is played during commemorative ceremonies to serve as a tribute to the dead.

Silence (1 min) Held as a sign of respect and to reflect on the significance of the day.

The Rouse The Rouse (or Reveille) is played to signify waking up to a new day. It follows the 1 min silence. During play flags should be slowly raised to the masthead.

Australian National Anthem Advance Australia Fair is played to conclude the ceremony.